



**Center for Basketball  
Methodology and Education**

**6th INTERNATIONAL  
BASKETBALL CONFERENCE**

*7-8 Juni 2024, National Basketball Academy, Pécs*

**MULTIPRACTICE 3.0**



NSO  
NEMZETI  
SPORTTUDOMÁNYI  
SZÖVETSÉG ZRT.



MAGYAR TESTNEVELÉSI  
ÉS SPORTTUDOMÁNYI  
EGYESLET



PÉCSI TUDOMÁNYEGYETEM  
UNIVERSITY OF PÉCS



DEBRECENI  
EGYETEM



RÁTGÉBER  
AKADÉMIA



# Center for Basketball Methodology and Education 6th INTERNATIONAL BASKETBALL CONFERENCE

7-8 June, 2024 National Basketball Academy, Pécs

## PROGRAM MULTIPRACTICE 3.0

### DAY 1 - Friday (7 June)

8:45-9:30 Registration

9:30-11:00 On-Court Session

**Francesco Vitucci**

An Offensive Set Play:

Options and Adjustments

11:00-11:15 Opening Session

**Márton Báder** - Hungarian Basketball Federation, President

**Prof. Dr. József Bódis** - Universitas Quinqueecclesiensis Foundation, Chairman of the Board of Trustees

**Dr. habil. László Rátgéber** - Center for Basketball Methodology and Education, Director

11:15-12:45 On-Court Session

**Dimitris Itoudis**

Morning Workout Individually with Guards-Shooting Drills

12:45-13:45 Lunch Break

13:45-14:45 Plenary Session

**Prof. Dr. Sc. Igor Jukić**

Performance Homework for Basketball Players

14:45-15:45 Plenary Session

**Dr. Ignacio Escribano Ott**

Nutritional Tactics for Basketball

15:45-16:00 Coffee Break

16:00-17:30 On-Court Session

**Dr. habil. László Rátgéber, Ernest Radjen**

Multipractice

Transition Offense Drills

17:30-18:30 Roundtable

**Dimitris Itoudis, Francesco Vitucci,**

**Márton Báder**

**Moderator: Prof. Dr. Sc. Igor Jukić**

Player-Centered Basketball Environment

### DAY 2 - Saturday (8 June)

8:00-8:30 Registration

8:30-10:00 On-Court Session

**Dimitris Itoudis**

Mobile Offenses and Spacing

10:00-11:00 Plenary Session

**Dr. Ignacio Escribano Ott**

Educate on Nutrition,

Elevate in Performance

11:00-11:20 Coffee Break

11:20-12:50 On-Court Session

**Francesco Vitucci**

Practicing and Improving the 1 vs. 1 Situations

12:50-14:00 Roundtable

**Assoc. Prof. Nenad Trunic,**

**Fabio Fossati, Janez Drvaric,**

**Dr. László Németh**

**Moderator: Prof. Dr. Sc. Igor Jukić**

High Performance Basketball:

Back to the Future

14:00 Closing



**Dimitris Itoudis**  

**Two-time EuroLeague champion coach**

Dimitris Itoudis is a two-time EuroLeague champion Greek professional basketball coach. He started his coaching career in 1990 and since then he became one of the most successful European coaches. As an assistant coach of Zeljko Obradovic in Panathinaikos, he was part of five EuroLeague Champion teams (2000, 2002, 2007, 2009, 2011), eleven Greek League champion teams (2000, 2001, 2003-2011) and seven Greek Cup winning teams (2003, 2005-2009, 2012). After one year as a head coach of Turkish team Banvit, in 2014 he became head coach of CSKA Moscow, with which he won two EuroLeague titles and two times was named as the EuroLeague Coach of the Year (2016 and 2019). He is also six times Russian champion (2015-2019, 2021) and in the last two seasons he coached the Greek National Team and Fenerbahce from Turkey.



**Francesco Vitucci**

**Head coach of Nutribullet Treviso Basket**

Hi is an Italian professional basketball coach, currently head coach of Nutribullet Treviso Basket. He started his career in Reyer Venezia, before moving for five seasons in Andrea Costa Imola, with which he took part in Korac Cup and Saporta Cup European competitions. He was the assistant coach of Benetton Treviso for seven years, winning the Italian Cup in 2004, 2005 and 2007 and the Italian Supercup in 2006. After being head coach of Scandone Avellino, Pallacanestro Varese and Auxilium Torino, he signed in 2017 for New Basket Brindisi, where he spent six seasons. He was coaching also the Italian National Team back in 2009, and was named Italian League Best Coach in 2013 and 2021.



**Ernest Radjen**



**master coach**

He started his coaching career in Zadar, in 1990, since then worked as coach of youth teams, director of youth teams, strength coordinator, assistant coach and head coach in Serbia (KK Vojvodina, KK BFC Beocin) - in 1993 as the head coach of KK Vojvodina junior team he won the Championship of Serbia -, Greece (seven seasons in Aris and three seasons in PAOK), Hungary (assistant coach of men national team) and Turkey (Fenerbache women's team). Has been working in China for more than 10 years, last time at Beijing Ducks, international mentor coach at Rátgéber Academy. He presented at world class level coaching clinics in different continents. He is the co-author of the book entitled Multipractice with László Rátgéber.



**Prof. Dr. Sc. Igor Jukić**

**Sport Scientist, advisor of ELPA**

Hi is a Croatian high-performance specialist in sport, founder (2003) of the "European Physical Conditioning Association", founder and Advisory Board member of the EuroLeague Players Association (ELPA). European champion with the Croatian U18 basketball team in 1996 and World Championship silver medallist with the U20s in 2001, he worked with the senior national team from 1997-2006 and participated in the 1999, 2003 and 2005 European Championships. With the Croatian football team, he participated in the World Cup in Brazil in 2014, and in the Euroqualifiers for Euro 2016. As a member of the Baskonia-Alaves Group from Spain he established a unique high-performance system (BAL). Head of Croatian High Performance Sport Center, as a part of the Croatian Olympic Committee.



**Dr. Ignacio Escribano Ott**



**Sports Nutritionist**

Dr. Ignacio Escribano Ott is a Spanish Sports Nutritionist, currently working for Baskonia Vitoria-Gasteiz, a professional male basketball team competing in the EuroLeague. He earned his master's degree in High-Performance Sports from the Spanish Olympic Committee (COE) and is also an experienced basketball coach. His teaching experience spans various roles and institutions. This includes serving as a professor collaborator at the Universitat Oberta de Catalunya, acting as a guest speaker at the University of the Basque Country, and contributing to the development of educational materials at the Universidad Europea de Madrid.



**Márton Báder**



## President of the Hungarian Basketball Federation

Four-time Hungarian champion and cup winner, Slovenian and Croatian champion as a player, two-time Hungarian champion and cup winner as professional director, 98-time Hungarian National Team member. He played 3 seasons in the EuroLeague, 3 seasons in the EuroCup, where he won silver and bronze medals, and 7 seasons in the Adriatic League as a player for KK Cibona Zagreb, KRKA Novo Mesto and KK Szolnoki Olaj. On March 15, 2013, he received the state award of the Hungarian Silver Cross of Merit in recognition of his successful sports performance and his efforts to popularize Hungarian basketball.



**Dr. László Németh**

## former head coach of the national team of England

During his career, he has coached Premier Division basketball teams in five different countries – winning national titles in four – and coached three different Senior Men National Teams, including Great Britain between 1994 and 2004. As an academic he lectured performance and excellence coaching at UCLAN, Leeds and Chichester University for undergraduates.

In 2006 was elected as president of the Hungarian Basketball Federation.



**Assoc. Prof. Nenad Trunic**



## FIBA Europe instructor

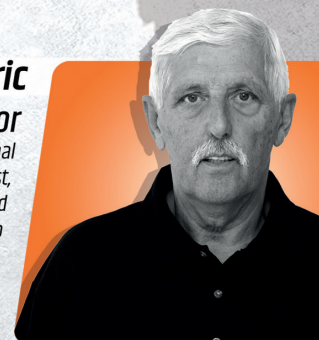
Assoc. Prof. Nenad Trunic is the Professor at Singidunim University in Belgrade, the lecturer of FIBA Europe Coaching Certificate Program and FIBA Europe Coaching Clinic, and the professional director at the National Basketball Academy. As a basketball player, he won two silver medals in the U16 and U18 European Championships. He has won several European and world championship places with the Serbian national team during his coaching career. Then he became the coordinator of the youth programs of the Serbian and then the Iranian Basketball Association. He is the author of „Basic Basketball Skills” and „Training young basketball players of different age categories”.



**Janez Drvaric**

## FIBA Europe instructor

Hi is the permanent lecturer of FIBA Europe Coaching Certificate program and an international mentor coach at The National Basketball Academy. Previously, as an assistant and head coach of the Yugoslavian National Team, he won several medals: 1st, 2nd and 3rd place at the European Cadet Championship, with the National team he was bronz medalist in 1984 Los Angeles, and silver medalist in 1988, in Seoul Olympic Games. His greatest club success as a head coach was the winning of European Cup Winners' Cup in 1987 with Cibona Zagreb, with the legendary player Drazen Petrovic.



**Fabio Fossati**  
Mental coach



He is the former mental coach of the 2022 EuroCup winner Virtus Segafredo Bologna. He is a teacher at the University of State of Brescia, FIBA Europe Coaching Certificate program instructor and mentor coach of the National Basketball Academy. He works as a television sport commentator for RAI, Sky and Sportitalia. As a head coach he is a three-time Italian Championship, two-time Italian Cup, four-time Italian Supercup winner. As a professional basketball coach he led the Camerun, Bangladesh and Switzerland National teams.



Kosárlabda Specifikus  
Módszertani Központ



**Dr. Habil. László Rátgéber**

## Master coach, associate professor at PTE-ETK, TE

The most successful coach in Hungarian basketball, the holder of ten Championship titles and ten Cup victories, EuroLeague winner with Spartak Moscow. He is the only Hungarian professional who could lead both national teams. He is a founding member of the FIBA Elite Coaches Committee. László Rátgéber was voted coach of the year in Yugoslavia, winning the same title nine times in Hungary and in 2011 in Turkey. In 2009, he was voted the best women's basketball coach in Europe. He has also coached Europe and the world national team twice. In addition to his associate professorship and scientific work, he is the professional and strategic director of the National Basketball Academy of Pécs, the Department of Excellence, chairman of the board of trustees, director of the Center for Basketball Methodology and Education. In 2024, he was appointed Chairman of the Sports Science Presidential Committee of the Pécs Regional Committee of the Hungarian Academy of Sciences (MTA PAB).

Number of his publications is more than 90, independent citations 162, all citations 197, IF 42.

