

OFFENSIVE AUTOMATICS, DKS CONCEPT

ALEKSANDAR DŽIKIĆ

Head Coach of the Men's National Team of Georgia

FILIP MIHAJLOVIĆ

Strength and Conditioning Coach, Men's National Team of Georgia

Talking about offensive concept, some people call it reads when they react to the defense, talking about higher levels we can call it automatics, this basically means faster, more accurate and more precise execution. This system must be incorporated very early in the season so that the players can understand their position, their timing on the court. The essential rules of offense are basically more space and fewer players on one certain area of the court.

During spacing is very important to be behind the three points line, to play wide. Beside this, passing skills have a crucial role too, to be able to make shooting passes, which is basically a pass where you don't need to lift your elbows up, you don't need to reload. During the drives we always need to attack the rim with sharp angles, if we can't do this because of the aggressive defense and we are moving away from the basket, we can use handoffs too. Using cuts, the offense is plugging the gaps in their system, which means that they are establishing attacking points in offense, this is similar to paint touch, only it is executed without ball.

When offensive teams know how to move on the court and what to do, switching becomes hard to the opponent team, this is when we can talk about automatics instead of read and react.

Keywords: motion offense, drive and kick, read and react/automatics