ORGANIZING MULTI OPTIONAL OFFENSES

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The majority of the offenses in the NBA and European basketball are: ball screen offense, isolation, off ball screen actions and post up plays. Other option can be read and react offense to make our player's actions unpredictible for the defense. Instead of reacting with different offensive options to defensive tactical changes, multiple option offense will produce fast decision making regarding the defensive concept. Therefore the offense will keep up intensity and fast movements without the ball. A well structured read and react offense with combining more and more offensive actions will create more unpredictible offense against any kind of defense.

 The most used set up is the four corners set up in today's basketball. All the screens we use in this offensive set up, we break down to small sided drills as a teaching process. From the top level to the lowest level we have to insist on the details. One of the key things is to be a scoring threat all the time and to keep the dribble live until we pass the ball. Holding the ball too much is killing all the other options of the offense. Timing is essential for the connection between players, also we want to keep all players on the floor and not to make decisions up in the air. There are exceptions, but at lower levels is much more effective to use stops and pivots before towarding the ball.

The methodology of the teaching progression is to break down all the offensive options for every positions to 3on0 and 4on0. After we move on with all these details to 5on0. All we want is to create creativity but staying in the structure. One step and one second are everything during the teaching process. The key things during teaching are speed, spacing, keep the ball alive and the importance that moves has to be decisive and sharp. Another important thing is pace which has to be 0,5s. What we play is not important! How we play is important! At the end we have four corners set up play with multiple options and we can play through all the defensive situations by reading at reacting.